

FACT SHEET

Enrichment ideas

Mental stimulation is an essential part of keeping your greyhound happy and healthy. Some of the benefits include:

- Improves behaviour
- Builds confidence
- Reduces stress
- Improves brain development
- Improves cognitive function
- Tires them out

Some enrichment ideas are:

Creative feeding

- Scatter feed their biscuits rather than placing the food in their bowl.
- Put their daily food amount in an ice-cream container and fill with water with a touch of vegemite or doggie safe peanut butter and freeze overnight and give it to them in the morning, allowing them to work on it through the day as it melts.



- Create a food treasure hunt for them throughout the house or yard.
- Use Kongs, food toys or snuffle mats. You can also create your own using cardboard boxes or the inside of a toilet roll if you don't mind the mess. You can also place treats in a rolled-up towel.

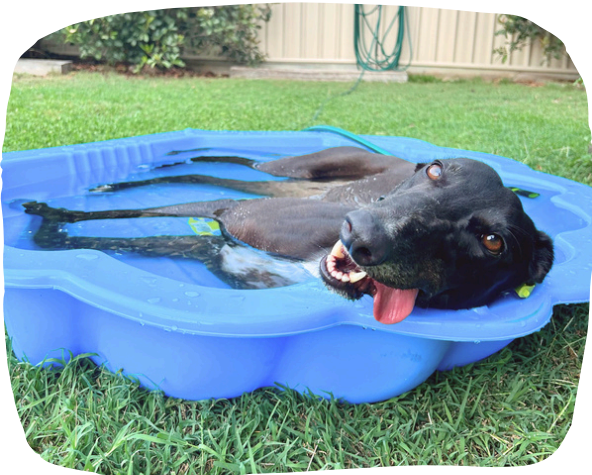
Walking

- Go somewhere you've never been to before; greyhounds love exploring new places too.
- Go on a scent walk - just wander around letting your greyhound sniff whatever they want. This is great mental stimulation and can tire them out just as much as a long purposeful walk.



Exciting yard

- Fill a clam shell with water, and another clam shell with dirt, both provides a cool and fun place to play.
- Set up a bird bath or feeder in your yard to encourage interesting birds into your yard for your greyhound to watch as they come and go.
- Rotate their toys regularly and only have a few out at a time, you can even toy swap with friends.
- Invite a doggie friend over for a playdate.



Other ideas

- Take your greyhound for a short car ride.
- Attend agility or training classes. Even if you've had dogs all your life, attending classes like these together is a great way to strengthen the human-animal bond between you and your greyhound.
- Teach your greyhound a new trick. Yes, even your greyhound can learn tricks.
- Attend your local GAP event and come say hi! Greyhounds LOVE meeting other greyhounds and we LOVE seeing our adopted greys with their families.
- Enrichment ideas can go as far as your imagination allows, and simple ideas can have a huge impact on your greyhound's day to day life.

